



Read Pray SKETCH

a simple and fun method that will make you yearn to spend a few minutes with God everyday.

By Marsha Baker



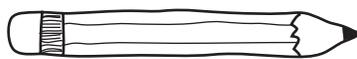
The Daily Habit

There are days when we have lots of time and can slow down and do some beautiful spreads in our bible, but there are days when there is no time. I want to ask you to just carve out 15 minutes a day and try this process. In 15 minutes, we will read a verse (or the chapter if you have a few extra minutes), journal a bit, write our prayers, gratuities AND we're going to draw something. There are no rules, so you can do this however you it works best for you, but to give you some guidance and structure I'm going to show you my process. From there you can develop your own process to do what works for you.

The Process

SUPPLIES

- a blank or dot-grid journal, paper you can bind later, or 5 x 7 index cards
- Bold black pen, thin black pen,
- pencil, eraser
- colors - markers or colored pencils - optional



The Process:

1. Decide on a landscape or portrait orientation.
2. Draw a big rectangular border around the page
3. Then draw boxes for the things you want to journal about. See the list below for things you can consider

- the date, day, location, weather
- scripture notes - or writing out a verse
- a journal box to capture your thoughts and feelings
- prayers
- a daily doodle or icon
- gratitudes
- the three things need to accomplish today
- tracking - weight, exercise, miles walked

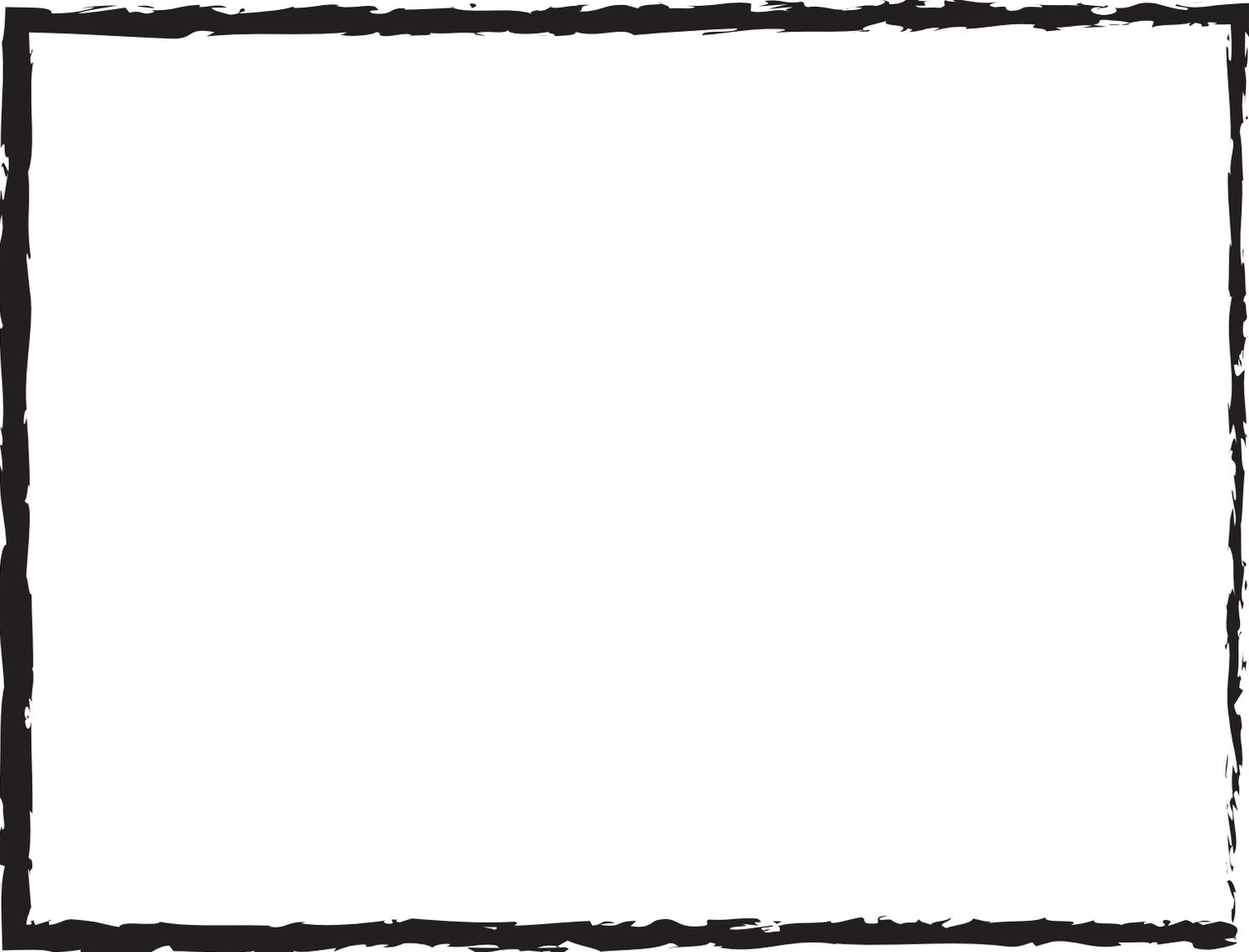
Portrait Orientation

Day, Date, Location, weather, special day (birthday)	
Reflection - what's on your mind?	Prayers
Scripture reading notes	Today I will:
Doodle or drawing	Gratitudes

Landscape Orientation

Scripture reading notes	Reflection - what's on your mind?	Prayers	Day, Date, Location, weather, special day (birthday)
Doodle or drawing	Gratitudes	Today I will:	

PRACTICE



The 10 Day Challenge

Oct 19-Oct 28, 2020

Join us for the 10 day challenge to practice Read-Pray-Sketch every-day for 10 days:

1. Get the printable from www.blessinks.com (sign up for the newsletter to get access to the member's only page. Printable will be available on October 18th).
2. Get supplies: Thick pen (a fat marker will work fine), a thin black pen to write with, pencil eraser and colors - optional.
3. Join the Sermon Sketchnote Boss Facebook Group
4. Join me every day at 10:00 am Central time (US) for a Facebook Live where I will talk about how to doodle the verse of the day.
Eastern: 11:00 am
Mountain: 9:00 am
Pacific: 8:00 am
5. Tell a friend and do this challenge with you.

November challenge

Join us for a 26 day fun and festive Gratitude Challenge starting November 1st in the Sketchnote Boss Facebook Group.

Resources

www.blessinks.com blessinks@live.com

Sketchnote Boss Facebook Group

Reading

Marsha Baker – Prayer Patterns and Sermon Sketchnotes

Julia Cameron – The Artist Way – Morning Pages

Carla Sonheim – The art of silliness – Daily journaling

Linda Berry – Making Comics – drawing daily

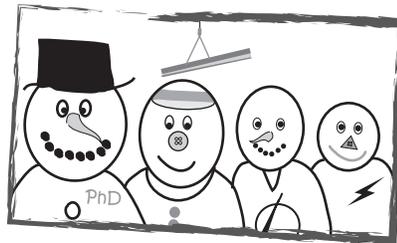
About Marsha



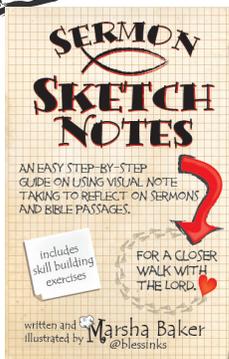
Marsha Baker.

I am Christian graphic artist with a mission to draw people closer to Christ through doodling.

she lives in St. Louis Missouri



This is my fabulous family; my handsome husband, and three fabulous Baker boys who are all engineers.



I have written several books including Sermon Sketchnotes.

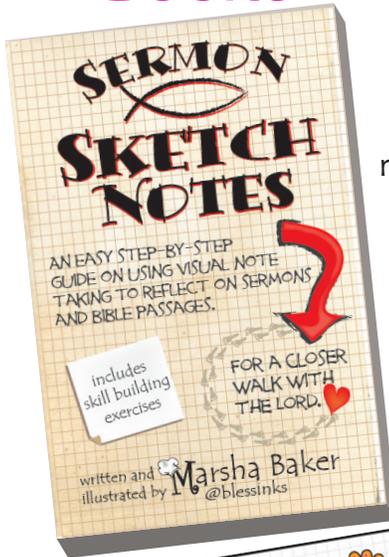
You can find Marsha at www.blessinks.com or @blessinks on IG or Twitter or at Sketchnoteboss on Facebook

Marsha's resources

blessinks@live.com www.blessinks.com

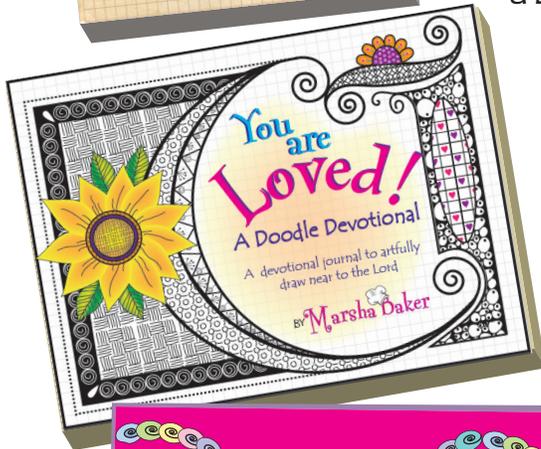
P O Box 655 St. Charles MO 63302

BOOKS

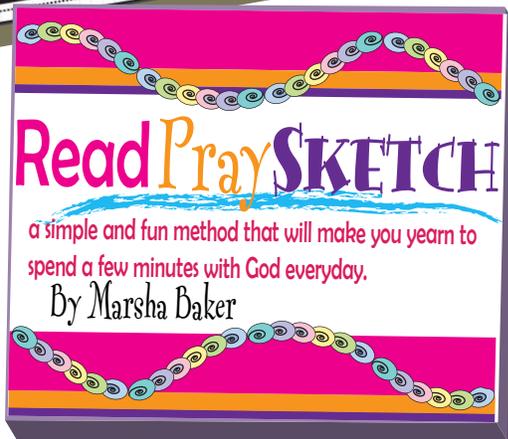


learn how to take more effective notes during the sermon through visual note-taking

a 28 day devotional ready for your doodles.



a guided 52 week gratitude journal

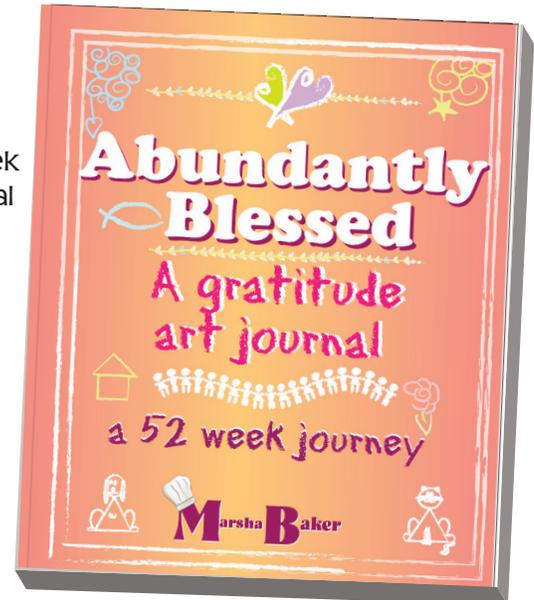
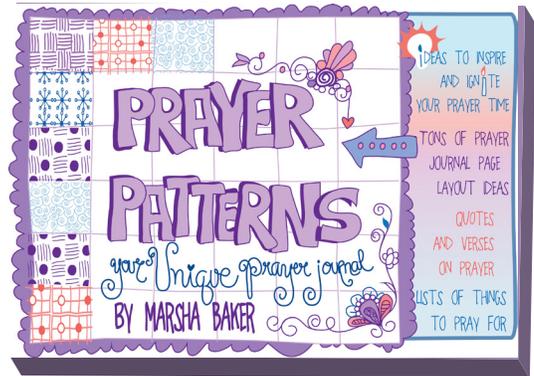


a guided 365 day 15 minute journal to capture your Scripture notes, thoughts prayers, gratitudes and doodles

Speaking

available for workshops, custom zoom classes

a guided prayer journal



a 30 day guided journal to help you doodle 100 things you are thankful for